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MEDIA RELEASE



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For immediate release

Lite Pace Aqua Cheapest in State

Thanks to a \$5000 grant from the Department of Sport & Recreation, low cost Lite Pace Aqua is now available to seniors, pensioners and those suffering from a medical condition, or have a disability.

The grant has enabled the Broome Recreation and Aquatic Centre to partially subsidise the classes. Normally \$5.30, this class is now only \$3.00 per session.

The classes will run until 30 June 2008 with sessions available 8.10am to 9.10am, Monday, Wednesday and Friday.

Broome Recreation and Aquatic Centre Manager Michelle Barton said she believed the centre was now offering the cheapest lite pace aqua in Western Australia.

“Its fantastic we can offer a low impact, aquatic exercise class to a section of our community for such little cost,” she said.

“Lite Pace Aqua is perfect for those with limited mobility, wanting to increase their strength and fitness” said Michelle.

To find out more, contact the Broome Recreation and Aquatic Centre on 9193 7677.

Ends

Media Contact: Michelle Barton, Manager, Broome Recreation and Aquatic Centre on 9193 7677.