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MEDIA ALERT



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For immediate release

Dash & Splash is back for 2019

The Dash & Splash biathlon series is back to challenge Broome residents and help them stay in shape over the wet season.

Now entering its ninth season at the Broome Recreation and Aquatic Centre, the series will run from March to May 2019, with an event each month.

Shire of Broome Manager of Sport and Recreation, Casey Zepnick, said each event involved run and swim legs over short and long courses, with categories for men, women, juniors and teams.

“Dash & Splash 2019 series one kicks off with the first event on Friday 8 March at 5pm,” Mr Zepnick said.

“The long course, which is open to individuals and teams, is a 4km run followed by a 400m swim in the BRAC pool.

“The short course is a 2km run followed by a 200m swim, and is ideal for beginners, juniors, families and anyone just looking to challenge themselves.

“The series has grown in popularity with each of its eight seasons so far, especially with the juniors, and we’re expecting that to continue. The ninth season will also see the return of the Parent/Child Team category.”

Events will be held on 8 March, 12 April and 10 May and entry is \$15 per event or \$10 for juniors undertaking the short course. Entry for the three-event season is \$30 or \$20 for juniors undertaking the short course.

Entry forms are available from BRAC, online at www.broome.wa.gov.au or by emailing brac@broome.wa.gov.au.

Ends