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**MEDIA ALERT**



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For immediate release

## **Dash & Splash set for big finish in 2015**

The final two rounds of the 2014/15 Live Lighter Dash & Splash run and swim series will head off from the Broome Recreation and Aquatic Centre on Friday 13 February and Friday 13 March.

BRAC Centre Manager, Casey Zepnick, said the series champions would be decided in the final rounds in each of the long course and short course, men's, women's, juniors' and teams' categories.

However, the main emphasis of the events was on fun, fitness and participation, he said.

"Even if you haven't competed in the season so far, we're keen to get as many entrants as possible for the final two rounds," Mr Zepnick said.

"The longer course, which is open to individuals and teams, is a 5km run followed by a 500m swim in the BRAC pool.

"The shorter course is a 2.5km run followed by a 250m swim, and is ideal for beginners, juniors, families and anyone just looking to challenge themselves."

Entry is \$15 or \$10 for juniors tackling the short course and the event starts at 5pm at BRAC.

Entry forms are available from BRAC, online at [www.broome.wa.gov.au](http://www.broome.wa.gov.au) or by emailing [brac@broome.wa.gov.au](mailto:brac@broome.wa.gov.au).

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